



INDUSTRY SAFETY TRAINING

Provide First Aid



This course provides participants with the knowledge and skills to apply first aid procedures (including CPR), prior to the arrival of additional medical assistance. The content and practical scenarios covered in this course conform with Australian Resuscitation Council (ARC) guidelines.



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TRANSTEGIC
TRAINING RTO 70217

Provide First Aid

WHO IS THIS COURSE FOR?

This course is suitable for those persons required to provide first aid response in a range of situations, including community and workplace settings.

COURSE CONTENT

- Legislation, Codes of Practice and ARC Guidelines
- Duty of care
- Principles of first aid
- Chain of survival
- Responding to emergency situations
- Managing the unconscious casualty
- Basic life support – DRSABCD
- CPR and use of AED
- Applying first aid procedures to a wide variety of scenarios
- Evaluating the incident and impact on yourself
- Safe work practices
- Simulated practice scenarios

ASSESSMENT METHODS

Students will be assessed in a number of simulated first aid scenarios potentially encountered in the workplace. The practical assessment will also involve the demonstration of CPR on an adult and infant manikin.

Underpinning knowledge will be assessed with a theory assessment (containing multiple-choice questions).

DELIVERY METHODS

The course content will be delivered in a classroom environment using PowerPoint presentations, videos, group discussions and a number of demonstration and skill building activities.

UNITS OF COMPETENCY

- HLTAID011 Provide first aid
- HLTAID009 Provide cardiopulmonary resuscitation

COURSE DURATION

9 hours

STUDENT NUMBERS

Min 6; Max 20

AWARD ISSUED

Upon successful completion of the assessment requirements of this course, students will receive a nationally recognised statement of attainment and wallet card.

RECERTIFICATION

As per ARC guidelines:

- First aid refresher recommended every three years.
- CPR refresher recommended annually

PRE-REQUISITES

Nil

PRE-ENTRY REQUIREMENTS

Students must be physically capable of participating in the practical activities and demonstrate a basic level of language, literacy and numeracy.

NOTES

All of our courses are tailored to site policies and procedures.

Appropriate clothing is to be worn when attending training including long pants, long shirts and enclosed footwear. PPE specified by the workplace is also to be worn.

Full terms and conditions will be provided at the time of booking.